

Monthly Digest

Find information and resources that help guide your efforts in promoting brain health and supporting people living with Alzheimer's disease and related dementias, their caregivers, and families in Los Angeles County.

News and Updates

- **New!** The BOLD Public Center of Excellence on Early Detection published an article highlighting recent innovations, key takeaways, and future directions on advancing early and equitable detection of dementia across the nation. [Read their article](#) published in The Gerontologist. You can also [check out the whole issue](#) for additional articles highlighting national efforts to address Alzheimer's disease and related dementias as a critical public health issue.
- **New Resource!** The California Department of Public Health's Injury and Violence Prevention Branch's Healthy Aging Initiative, in collaboration with the Epidemiology, Surveillance and Evaluation Section, has released a new data brief. The brief summarizes fatal and non-fatal injury data for older adult traumatic brain injuries (TBI) in California in 2023. [View the full brief here.](#)
- **In Case You Missed It!** The BOLD Public Center of Excellence on Early Detection of Dementia launched two new guides for community-based organizations and health departments interested in promoting early detection of dementia. [Download the guides here.](#)

Funding Opportunities

HILARITY FOR CHARITY: DEMENTIA CAREGIVER RESPITE PROGRAM

Deadline: Rolling Basis

Hilarity for Charity is offering respite grants to those providing care to loved ones living with Alzheimer's disease or other dementias. These grants cover the cost of in-home or adult day center care and have no cash value.

STARS DEMENTIA CARE INNOVATION GRANTS

Letter of Intent Deadline: March 12, 2026

The State Alzheimer's Research Support (StARS) Center will fund two grants up to \$110,000 each in total costs to support projects that advance the provision, evaluation, and accessibility of dementia care services at the state level.

In the Spotlight

Share your organization's impactful efforts in supporting people living with Alzheimer's disease and related dementias, and their families.

Send success stories, achievements, or highlight ongoing initiatives to healthybrainla@ph.lacounty.gov to be featured in a spotlight.



Trainings and Webinars

Jan 21 12 PM PST	PHCOE-DC. Successful Public Health Approaches in Dementia Caregiving: Hawai'i – A Virtual Roundtable Series. Register Now.
Jan 26 9 AM PST	Dementia Care Aware. Cognitive Health Assessment: The Basics Live Training. Register Now.
Feb 3-4 9 AM PST	The Black Men's Brain Health Institute: Annual Black Men's Brain Health Hybrid Conference. Register Now.
Feb 5 10 AM - 1 PM PST	The Alzheimer's Disease and Related Conditions Advisory Committee. Quarterly Meeting. Join on Zoom.
Feb 11 11 AM PST	NADRC. Living Longer: Increasing the Need for Dementia Care and Support People with IDD and Dementia. Register Now.



Community Events

Get involved! Promote these events to your network.

Jan 26 2 PM PST	Alzheimer's Association. Understanding Alzheimer's and Dementia. Location: LGBTQ Senior Center. 1118 N McCadden Place, Los Angeles, CA 90038. Register Now.
Jan 27 6:30 PM PST	Alzheimer's Association. Healthy Living for Your Brain and Body. Location: Julian Dixon Library. 4975 Overland Ave, Culver City, CA 90230. Register Now.
Jan 28 1 PM PST	UCLA ADC Program. Better Caregiving for All Webinar Series: Caregivers of Persons with Late-Stage Dementia. Register now.
Jan 28 3 PM PST	Alzheimer's LA. Memory Loss & Alzheimer's: Normal Aging vs. Signs of Dementia. Location: Alhambra Civic Center Library. 101 S 1st St, Alhambra, CA 91801. Register Now.
Feb 3 3 PM PST	Alzheimer's LA. Maintaining Meaningful Interactions with a Person Living with Dementia. Location: Alhambra Civic Center Library. 101 S 1st St, Alhambra, CA 91801. Register Now.



Featured Resources



TOOLKIT

[The USC Family Caregiver Support Center - Conversations that Matter Toolkit: Talking to Family Caregivers for Healthcare Teams.](#)



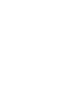
LEARNING MODULE

[University of California San Francisco's \(UCSF\) - Caregivers as Partners in Care Teams offers a self-paced training to help healthcare teams identify, engage, and support caregivers. Free CE/CME credits.](#)



TOOLKIT

[Dementia Care Aware - Cognitive Health Assessment Implementation Guide is a practical step-by-guide to Cognitive Health Assessment implementation.](#)



COMMUNITY RESOURCE

[Best Programs for Caregiving is a free online national directory of dementia care programs for dementia caregivers and professionals to discover and share.](#)



LEARNING MODULE

[Dementia Care Aware's self-paced cognitive health assessment training and dementia mini-course. Free CE and CME/MOC credits.](#)



TOOLKIT

[BOLD Center for Early Detection - Early Detection of Dementia Toolkit - Health Systems.](#)



Got News?

Send resources and news about upcoming events or initiatives that you would like to promote in our monthly newsletter to healthybrainla@ph.lacounty.gov.



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www.publichealth.lacounty.gov/healthybrainla



HBLA

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